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Consequently, in overviewing the practice of "stress prevention" in Europe, we will take into account all initiatives and activities that are directed at (1) the reduction (or elimination) of psychosocial and/or physical stressors in the workplace, (2) the reduction (or elimination) of

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workrelated ill health, absenteeism and permanent work incapacity, and (3) the improvement or promotion of health at the workplace.

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