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The eminent food writer and BBC cookery star has created this seriously designed book with its luscious photographs as an accompaniment to her television series, Sophie Grigson's Herbs. She takes 48 varieties of herbs, from the familiar, such as thyme and bay leaf, to the less usual, including wild garlic, lemon balm and anise hyssop, gives their latin name and their background, season, and how to use them, then follows up with a tempting recipe.

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*Sophie Grigson's Herbs by Grigson, Sophie*

We all know the benefits of eating fresh food and herbs are no exception. Chefs in top restaurants only cook using the freshest herbs, knowing that they exude taste, freshness, flavour and aroma...

*When using herbs, think fresh says Sophie Grigson / Devon Life*

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*Sophie Grigson's Herbs / Eat Your Books*

In 2001, Sophie won the Guild of Food Writers Cookery Journalist Award. Sophie is the author of numerous cookery books on subjects ranging from herbs to fish and meat. Recipes by Sophie Grigson

*Sophie Grigson recipes - BBC Food*

In this volume, Sophie Grigson uses less than 48 herbs to create a selection of recipes suitable for feeding the family of entertaining friends. The recipes are accompanied by a knowledgeable commentary from Sophie and she also includes tips on growing and storing herbs. Product Identifiers: Publisher: Ebury Publishing, Bbc Books: ISBN-10: 0563551747: ISBN-13

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Sophie Grigson's Herbs. by Sophie Grigson. Categories: Dips, spreads & salsas; Appetizers / starters; Mexican; Vegan; Vegetarian. Ingredients: red onions; coriander leaves; chillies; avocados; tomatoes; limes; ground cayenne pepper. 0.

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by Sophie Grigson. Method. Place the stock into a large pan over a medium heat and bring to the boil, then turn the heat down as low as it will go, to keep the stock hot but without letting it reduce too much. ... When the rice is cooked, stir the sauteed courgettes and most of the chopped herbs (keeping aside a sprinkling for serving the final ...

*Courgette and herb risotto Archive*

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