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The Original Beauty Bible Skin
Synopsis. "The Original Beauty Bible" (3rd Edition), stands alone as the ultimate guide to smart beauty - it is the most up-to-date, exhaustively researched book of its kind. Best-selling beauty author Paula Begoun returns with her most comprehensive book yet! Exhaustively researched, this refreshingly honest guide takes consumers through all of the most critical topics in beauty.

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Paula Begoun's most comprehensive book yet. Exhaustively researched, this refreshingly honest guide cuts through marketing hype to educate consumers on all aspects of beauty, including how to assemble a state-of-the-art skin-care routine, choose a cosmetic surgeon, and apply makeup like a pro.

The Original Beauty Bible: Skin Care Facts for Ageless ...

Beauty at any age isn't just about looking young: it's about wearing your age happily and healthily. If you don't work at beauty from the inside-out, even the most expensive skincare isn't going to make a difference. Taking care to look after your skin is a mark of self-respect, not a sign of vanity.

Skin — Beauty Bible

The Original Beauty Bible: Skin Care Facts for Ageless Beauty. By Yassine Oumlouarde. The all-new third edition of The Original Beauty Bible is Paula Begoun's most comprehensive book yet. Exhaustively researched, this refreshingly honest guide cuts through the marketing hype to educate consumers on all aspects of beauty, including how to assemble a state-of-the-art skin-care routine, choose a cosmetic surgeon, and apply makeup like a pro.

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Beauty Bible

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Chia seeds won't make your skin glow and lilac water is never going to reduce acne scarring. And, when it comes to the best products, high price doesn't necessarily mean high quality. Tackling common complaints such as acne and dryness, rosacea and aging, The Skincare Bible is your definitive companion to your body's biggest organ. Clear, concise and packed full of tips on the best products and routines, it will help you discover what works for you and find confidence in your own skin.

The Skincare Bible: Your No-Nonsense Guide to Great Skin ...

Begoun is a self-published author of 18 books on the beauty industry, most notably *Don't Go to the Cosmetics Counter Without Me*, *The Original Beauty Bible* and *Blue Eyeshadow Should Be Illegal*. Her books have received international recognition, have sold nearly three million copies, and have been translated into eight languages.

Paula Begoun - Wikipedia

The Original Beauty Bible stands alone as the ultimate guide to smart beauty. Exhaustively researched, this refreshingly honest guide takes consumers through all of the most critical topics in beauty. From assembling a state-of-the-art skin-care routine to choosing a cosmetic surgeon and applying makeup like a pro, it's all here.

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